

Autumn Hygge

- IDEAS -

- Bake cinnamon buns
- Take a walk in the woods
- Enjoy your favourite hot drink
- Make a list of what you are grateful for
- Print out photos from your phone and hang up
- Snuggle up with a book
- Jump in a pile of leaves
- Make homemade soup
- Wear knitted socks
- Meet up with friends at a cafe
- Go for a bike-ride
- Have a lazy breakfast in bed
- Have a candlelight dinner
- Go for a cinema date with popcorn
- Treat yourself to a new pyjamas
- Plan a weekend getaway in the mountains
- Hunt for cozy autumn decor for your home in the nature
- Start a new crafting project
- Take a foggy morning walk
- Perfect your hot chocolate recipe
- Wrap yourself up in a giant scarf
- Roast marshmallows on a bonfire
- Go apple picking

